

# DIABETES IRELAND HEALTH AWARENESS EXHIBITION AND EDUCATION EVENT



“Living Life Well with Diabetes”

Diabetes Awareness Month, 10th of November 2024,  
2:00pm - 4:30pm, Hotel Riu Plaza The Gresham Dublin

## Type 1 Diabetes

## Type 2 Diabetes

2 PM

Type 1 Diabetes & Technology in  
Ireland

Dr Hannah Forde  
Consultant Endocrinologist  
Beaumont Hospital

Living with Type 2 Diabetes:  
Emotions, Wellbeing and  
Mental Health

Ms Louise Enright  
Psychologist  
Diabetes Ireland



2:45 PM

Challenges of Type 1 Diabetes  
Management: Let's Focus on  
Exercise

Ms Mary Finn  
Clinical and Research Dietitian in Type 1  
Diabetes  
Tallaght University Hospital

Know your Numbers: Improving BP,  
Cholesterol and HbA1c Levels to  
Prevent Diabetes Complications

Dr Michael Lockhart  
Programme Manager  
National Clinical Programme for Diabetes  
Post - CSCST Endocrinology Research Fellow



3:30 PM

CHECK YOUR TECH  
Diabetes Technology Exhibition

Managing your Feet with  
Diabetes

Ms Louise McHugh  
Senior Podiatrist  
Diabetes Ireland

Attend FREE Health Checks on the day

Diabetes Risk Assessment

Weight and Waist Circumference

Blood Pressure check provided by Croí

CPR Demonstrations provided by the Order of Malta Corps

Children's Entertainment

**Quentin Reynolds Magic Show**

