

# DIABETES IRELAND HEALTH AWARENESS EXHIBITION & EDUCATION EVENT

“Living Life Well with Diabetes”  
Diabetes Awareness Month, 10th of November 2024, 2-5pm, Dublin

<b>STREAM / TIME</b>	<b>Type 1 Diabetes &amp; Technology in Ireland; Latest Global Diabetes Research Update</b>	<b>Emotional Wellbeing Type 2 Diabetes Programme</b>	
2pm (Including Q&A)	Dr Hannah Forde Consultant Endocrinologist Beaumont Hospital	Ms Louise Enright Psychologist Diabetes Ireland	
<b>STREAM / TIME</b>	<b>Challenges of type 1 diabetes management: Let's focus on Exercise</b>	<b>Know your Numbers: improving BP, cholesterol and HbA1c levels to prevent diabetes complications</b>	Magic Show - Swift Room
2:45pm (Including Q&A)	Ms Mary Finn Clinical and Research Dietician in Type 1 Diabetes, Tallaght University Hospital	Dr Michael Lockhart Endocrinology Research Fellow Integrated Care Consultant Endocrinologist Galway University Hospital	
<b>STREAM / TIME</b>		<b>Looking after your Feet/Podiatry Services</b>	
3.30pm (Including Q&A)		Louise Enright Senior Podiatrist Diabetes Ireland	

## ALSO AVAILABLE ON THE DAY:

### Attend Free Health Checks on the Day

- Type 2 Diabetes Risk Assessment
- Weight & Waist Circumference
- Blood Pressure check provided by Croí
- CPR Demonstrations provided by the Order of Malta Ambulance Corps

Enjoy entertainment dedicated to children with

Quentin Reynolds Magic Show



**Diabetes**  
Ireland

