

“Living Life Well with Diabetes”

Diabetes Awareness Month, 10th of November 2024, 2-5pm, Dublin



Type 1 Stream

Type 2 Stream

2 PM

Type 1 Diabetes & Technology in Ireland; Latest Global Diabetes Research Update

Living with type 2 diabetes: emotions, well-being and mental health

Dr Hannah Forde
Consultant Endocrinologist
Beaumont Hospital

Ms Louise Enright
Psychologist
Diabetes Ireland



2:45 PM

Challenges of type 1 diabetes management: Let's focus on Exercise

Know your Numbers: improving BP, cholesterol and HbA1c levels to prevent diabetes complications

Ms Mary Finn
Clinical and Research Dietitian in Type 1 Diabetes
Tallaght University Hospital

Dr Michael Lockhart
Endocrinology Research Fellow
Integrated Care Consultant
Galway University Hospital



3:30 PM

Looking after your Feet/Podiatry Services

Ms Louise McHugh
Senior Podiatrist
Diabetes Ireland

Attend FREE Health Checks on the day

Diabetes Risk Assessment

Weight and Waist Circumference

Blood Pressure check provided by Croí

CPR Demonstrations provided by the Order of Malta Corps

Children's Entertainment

Quentin Reynolds Magic Show

